

## Peer Education System 2021-22 Report

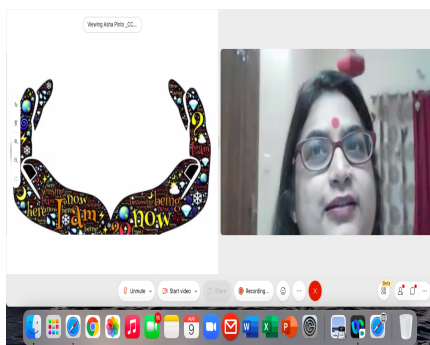
Commencement of the Peer Education System (PES) 2021-22 started with the announcement in the first-year undergraduate classes during March 2021. The announcement was done in online mode. The poster and testimonial video on peer education was circulated across schools with the support of the system admin team. The counsellors announced hybrid mode along with senior peer educators. Announcements were done from 23 to 25 March 2021.

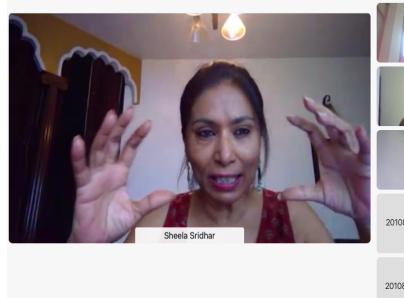
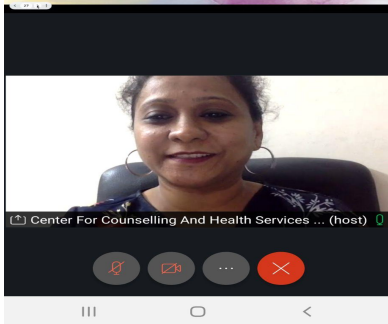
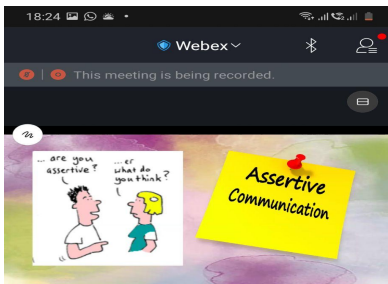
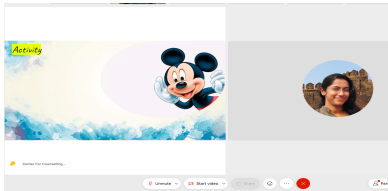
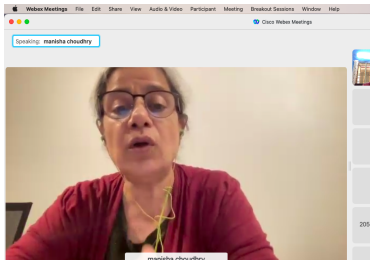
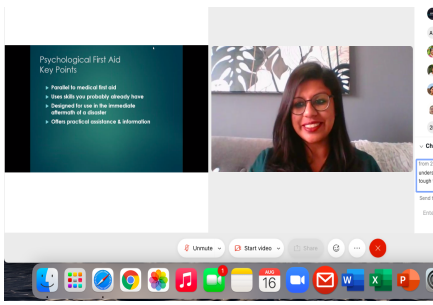
The program was conducted for the School of social sciences, School of Arts and Humanities, School of Business and Management, School of Law, School of Commerce Finance and Accountancy, and School of Science. Of 216 applicants, 94 were shortlisted through written and oral interviews and trained to become Peer Promoters. The curriculum is comprised broadly of Life Skills, crisis management, resilience skills, self-awareness, psychological first aid, Gatekeeper training on suicide prevention and personal safety and addictions.

## **Sessions**

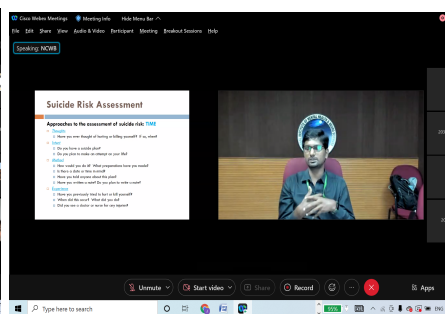
Training sessions were held from 23 July 2021 – 23 November 2021. Students were divided into small groups and 8 weeks of mentoring was done by counsellors. Participants were given weekly scores, and consolidated scores were awarded along with the scores of their practice sessions. Peer educators addressed 1st-year undergraduate students during the month of August 2021 and 2nd year undergraduate students during November 2021. The 94 students who completed the course, a letter of appreciation was provided.

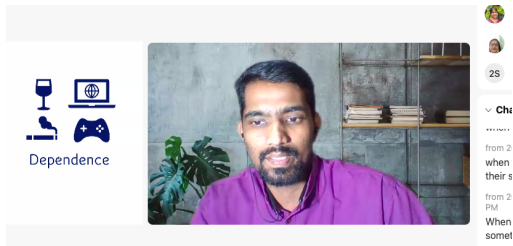
## **Glimpse of the sessions**



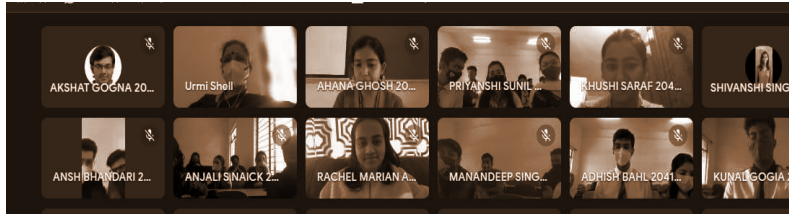


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## Gallery



**Peer Educators conducting awareness sessions**

## **Peer Treasure Magazine 2021-2022**

[https://christuniversity.in/uploads/userfiles/peer\\_treasure\\_2021.pdf](https://christuniversity.in/uploads/userfiles/peer_treasure_2021.pdf)